

PSB-CBT



PROBLEMATIC SEXUAL BEHAVIORS - COGNITIVE BEHAVIORAL THERAPY



To schedule an appointment or send a referral, call us at 843-629-0236
Wednesdays 4:00 - 5:00 PM, beginning in March
1920 2nd Loop Rd.
Florence, SC 29501

WHAT IS PSB-CBT?

Problematic Sexual Behaviors - Cognitive Behavioral Therapy (PSB-CBT) is...

- **Evidence based!** PSB-CBT treats problematic sexual behaviors in a group model.
- **Trauma Informed!** Interventions recognize past trauma & provide coping mechanisms, impulse control and other supports.
- **Effective!** Research finds a 98% success rate in addressing PSB & other problematic behaviors - less than 2% of children re-present PSBs later in life.
- **Family Focused!** Caregivers are the key to success! Caregiver groups involve behavior parent training, abuse prevention skills & tools for rules & education.



WHO PARTICIPATES IN PSB-CBT?

PSB-CBT is available to children ages **7 to 12 years** and their caregivers*.

PSB-CBT is delivered within a group model to children & caregivers. Groups are scheduled simultaneously. An Assessment is conducted to determine if treatment is appropriate.

**Caregiver participation in PSB-CBT is essential for effective therapy. Therefore, caregiver participation is REQUIRED.*

What Are Problematic Sexual Behaviors?

Problematic Sexual Behaviors are child initiated behaviors which are sexual in nature, developmentally inappropriate & potentially harmful to the child or others.

- Behaviors involving private parts which occur frequently & persist despite caregiver intervention
- Behaviors in which a child causes self-harm through sexual touches
- Inappropriate sexual interactions with other children
- Inappropriate public displays of sexual behavior (public masturbation, excessive use of sexualized language, etc.)